

Mark Your Calendar

Welcome New Residents

206 - Diane Kulp

Mar. 1 (Thursday)	Blood Pressure	6 p.m.	Lounge
Mar. 3 (Saturday)	Coffee & Donuts	8 a.m.	Lounge
Mar. 3 (Saturday)	Pinochle Party	12:30 p.m.	Lounge
Mar. 5 (Monday)	Rent Rebates	9 a.m.	Lounge
Mar. 8 (Thursday)	Hearing Screening	10 a.m.	Ceramics
Mar. 9 (Friday)	Craft class	10 a.m.	Lounge
Mar.11 (Sunday)	Movie "50 First Dates"	7 p.m.	Lounge
Mar.12 (Monday)	Tenant Committee Meeting	1:30 p.m.	Ceramics
Mar.13 (Tuesday)	General Meeting (10th Floor responsible for snacks)	2 p.m.	Lounge
Mar.16 (Friday)	Speaker: "Medicare bingo"	2 p.m.	Lounge
Mar.17 (Saturday)	Soup & Hot Dogs	11 a.m.	Lounge
Mar.18 (Sunday)	St. Patty's Day Party	5 p.m.	Lounge
Mar.21 (Wednesday)	Speaker: "Mary Kay"	2 p.m.	Patio
Mar.21 (Wednesday)	Book Club	2 p.m.	Ceramics
Mar.25 (Sunday)	Concert	6 p.m.	Lounge
Mar.26 (Monday)	Food Drive Begins		
Mar.26 (Monday)	Therapy Dog	11 a.m.	Lounge
Mar.28 (Wednesday)	Income Tax Preparation	1 p.m.	Lounge
Mar.29 (Thursday)	Food Drive Ends		
Mar.30 (Friday)	Speaker: "Legacy"	2 p.m.	Lounge
Exercise Bible Study Bingo Life Biography Yoga	Every Monday & Wednesday Every Monday Every Monday Every Thursday Every Friday	10 a.m. 1 p.m. 6 p.m. 10 a.m. 1 p.m.	Lounge Patio Lounge Patio Ceramics



APRIL

Saturday	4/7	Coffee & Donuts		8 a.m.
Saturday	4/7	Pinochle Party		12:30 p.m.
Sunday	4/15	Spring Dinner	Dan	5 p.m.
Saturday	4/21	Soup & Hot Dogs	Marty & Wife	11 a.m.
Saturday	4/28	Concert	Jack & Friends	6 p.m.

The Lutheran Manor Book Club will meet on Wednesday, March 21, at 2 p.m. in the Ceramic Room. We'll be telling of new friends because "a



book is a friend from beginning to end". Join us and tell about your book friends.

Computer Lab

Mon., March 5; 1 to 3 p.m. Nancy will teach "Solving Your Computer Problems" Mon., March 19; 1 to 3 p.m.

Nancy will teach "Internet"

Please sign up with Miki.

WII BOWLING LEAGUE

Join us for the official start of the Wii Bowling League.

Beginning Friday, March 2, we will meet in the Ceramic Room every Friday and Saturday night at 6 p.m.

See Donnie Byington, Jr. for details.



Parking Lot...

Please note, the 15 minute parking spaces



are for visitors use. We ask that all residents remind their visitors that the spaces in the lot are for tenants ON-LY. Visitors are not allowed in the regular parking spaces. They may use the 15 minute spaces. Residents should not be parking in the 15 minute visitor spaces. Thank you for your cooperation.



The Majestics

50/50 Drawing Candy will be sold too!

Friends and Family Welcome!

50/50 drawing Good Will Offering

Light Refreshments



Miki's







Hearing Screening

Thurs., Mar. 8 10 a.m. to 4 p.m.

Do you hear what I hear? That is not just a verse in a Christmas song, it is a good question for everyone to think about. How much are you missing because you are experiencing hearing loss? Martin Sheetz, of Audioprosthology, will be here to offer FREE hearing screenings. You must make an appointment with Miki for your screening.

March Craft Class

Fri., Mar. 9, 10 a.m. COST: \$3

This month, Emilie and Krisi will be here to make an ornamental plate with us. This is a fun class and not only do you make a craft, you are helping a student develop social skills. **Sign up with Miki for the class.**



Therapy Dog Mon., Mar. 26, 11 a.m. Miz Daisy and

Alice Romberger

Massage Therapy....

Weds., Mar. 7; 9 a.m. to 1 p.m. Weds., Mar. 21; 9 a.m. to 2 p.m.

If you are interested in massage, please sign up in Miki's office.

Medicare Bingo

Fri., Mar. 16, 10 a.m.

Do you know all there is to know about Medicare? If not, this event is a must! Rachel Kapes of ManorCare will be here to play Medicare Bingo. Have fun, play bingo, and learn more about changes in Medicare. Prizes will be given out.

Spring into Beauty

Weds. Mar. 21, 2 p.m.



Calling all Ladies!! Join us

for a fun time with Karen Fackler, of Mary Kay. Karen will be doing Spring makeovers. Karen will be taking before and after pictures. Join us for fun and songs. We always have a great time with Karen.

Income Tax Weds., Mar. 28; 1 to 4 p.m.

The AARP Income Tax Volunteers will be here to provide free income tax preparation. If you need to have your taxes done, **sign up with Miki for an appointment.**

Leave a Legacy

Fri., Mar. 30, 2 p.m.

Nelly Kabiru, of Everyday Homecare, will be here to explain how you can leave a legacy. She will talk about a plan to ensure the causes you believe in will be supported and you will have made an enduring imprint on the world.

"Return to me and I will return to you, says the

Lord." Zechariah 1:3

Henri M. Nouwen writes a little devotional booklet called "Returning: God's Love Calls us Home." The booklet is about the prodigal son and how we are all similar to him in wandering away from our first love...that love which God has for us in Jesus Christ.

This time of Lent is an opportunity for us to "return home." Lent is a time for repentance. But, this need not be a time of rooting around inside ourselves looking for the past mistakes. Repentance can be a change of mind, a change of heart, a time for renewal and returning to a loving forgiving God who doesn't demand a certain motivation for our "returning."

In his short story "Somebody's Son," Richard Pindell describes the homecoming of a runaway boy named David. He wrote his mother asking if his father would accept him again. If so, ask him to tie a white cloth to the apple tree in the field next to the house, he wrote. As David is on his way home and nearing the bend in the track which will bring him in view of the apple tree, he asks a stranger next to him to watch for the white cloth because he is too apprehensive. David does not look. The stranger says in surprise, "Why son, there's a white cloth tied to practically every branch."

Our God is a loving parent. He is anxious to have us return home and live in his care and love. Take the opportunity this Lenten season to return home by...reading your Bible, worshiping at church, serving Christ and others more....

May you be surprised by Christ's wide opened arms as he welcome YOU home. -Chaplain Clark+



WORSHIP-MARCH – 2 pm in the Lounge

Thurs Mar 1 Rev. Richard T. Nahodil, St. John's EC Church, Allentown <u>**Tues Mar 6</u>** Father Pat Lamb, Notre Dame RC Church, Bethlehem **Thurs. Mar 15** Rev. Gary Langensiepen, St. John's Lutheran (Windish) Bethlehem</u>

Thurs. Mar 22 Rev. Lisa Borrell, Christ Lutheran of Lower Saucon, Helletown

Thurs. Mar 29 Rev. Gary Walbert, St. Paul's Lutheran, Catasauqua

"SIGHT AND SOUND" VAN TRIPS TO SEE

<u>"JONAH"-</u> Wednesdays, April 11 & May 23. See Miki for reservations/ payment.



<u>BIBLE STUDY</u> every Monday from 1-2 PM in the Patio. All are welcome. Now studying: Esther & Jonah. No Bible knowledge necessary. We'll learn & grow together.

LET'S TALK ABOUT IT (Life Bio) every Thursday from 10-11:30 am in the Patio. During one session we talked about... the history of Allentown Fair, football agents, boating on Barnegat Bay, NJ, the beautiful River Thames, Academy Award winners of the past, and what's wrong (and right!) with our country. Lots more...join the fun!



Note from the Staff...

As we enter March, we look sadly upon the retirement of long time security guard, Don Byington. Don has been with us 10 years. He has done a great job here at Lutheran Manor and will be missed as part of the staff. However, Don will continue to be an integral part of Lutheran Manor as a resident and coordinator of the Men's group that sponsors our great concerts and various sales. We are happy that Don will continue to be an active part of our community.

We look with anticipation on the arrival, at the end of the month, of our new security couple, Dave and Krissy Dunnavant. Active members of Salem Lutheran Church, Dave recently retired from a career in heating and air conditioning and Krissy is employed with an alarm center. They have two grandchildren and are looking forward to meeting everyone.

It has come to the attention of the staff, that there has been an increasing amount of theft in the building. Please do not take any items not belonging to you. Newspapers in mailboxes are the property of that resident, packages outside of doors belong to the person in that apartment. Do not take anything from outside apartments or from mailboxes that do not belong to you. Please keep in mind that theft is grounds for eviction. Be considerate of your neighbors and their property. Thank you.

The Staff of Lutheran Manor

Movie Night Sunday, March 11; 7 p.m.

This month's feature is "**50 First Dates**", a rollicking comedy with Adam Sandler and Drew Barrymore. Watch Sandler try to woo amnesia victim Barrymore from scratch every day with hilarious results.

Trips to Notice...

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April 17 - Ironpigs Ballpark Tour - Join us for this FREE tour behind the scenes of the Ironpigs Baseball team. You will have a chance to see what goes

on behind the scenes of the baseball team you love. Wear comfortable shoes. This is a walking tour.

April 19 - SeniorFest - Visit SeniorFest at Ag Hall. This free event is open to seniors in the area and provides information about valuable resources available to you. There is food, and entertainment and lots of give-away items.

April 23 - Palace Diner - By popular demand, we are going to Palace Diner again this month. PLEASE NOTE: Anyone who was on the waiting list in March and was unable to go will have first choice at going this month in order to be fair to everyone.

April 27 - Renninger's Flea Market - This is the time of year for the giant antique fair at Renningers along with the regular flea market. Don't miss all the great bargains!



Join us for this new country-themed musical road trip in and around our great nation. This entertaining journey will leave your feet tappin' and your hands clappin'!

Sign up with Miki if you want to attend. A \$20 deposit is required to reserved your seat.





PLAY BALL!! Reading Phillies vs. Allentown Ironpigs At Reading Ball Park

Tues., April 3 \$17 per person

Price includes all-you-can-eat buffet! Sign up with Don Byington #106 Don't miss this opportunity to see both hometown teams go head to head!

EASTER FOOD DRIVE Mon., March 26 through Thurs., March 29

We are always aware of those in need during the Christmas holiday season, but we often forget that hunger doesn't stop January 1. We will hold a food drive to benefit the Food Bank at Calvary Baptist Church in time to help with their Easter distribution.

Items most needed include peanut butter, cereals, any non-perishable items (**No glass jars please**), as well as laundry detergents, toiletries, and baby items. Grocery gift cards and cash donations are also welcome. Bring your items to Miki's office.





St. Patty's Day Party

Sunday, March 18, 2012 5 p.m. in the Lounge

Doors open at 4 p.m. Wear Your Green!

Dinner and Entertainment

Platter Served:

MENU:

Stuffed Chicken Breast Parsley Potatoes Peas & Carrots Salad w/Assorted Dressings Rolls w/Butter Dessert Coffee or Tea Soda available for \$1.00

Coordinator: Ronnie Clifford



St. Patty's Party

\$10 per person \$12 per guest (limit two)

Entertainment by John Grant Will give us a "Fun Musical Time"

And Davis Sisters — Irish Dancers



You may reserve a table for only 6 or 12 people before the deadline date

(I am reserving a table for 6 or 12 ____)

Write names on back #guests _____ Put slip under Marge Bachemin's door #705 with cash in envelope

NAME:	Apt.#	
PHONE:	- ·	

Deadline for Reservations, Weds., March 14

Van Trips March 2012

DATE	TRIP	TIME
Apr. 3 (Tuesday)	Banks, P.O., CVS, \$ Store	9:30 a.m
Apr. 3 (Tuesday)	Reading Phillies (sign up with Don By	rington) 3:15 p.m.
Apr. 4 (Wednesday)	Weis	9:30 a.m
Apr. 5 (Thursday)	Breakfast at Perkins, Rt. 191	8:30 a.m
Apr. 9 (Monday)	Valley Farms	9:30 a.m
Apr.11 (Wednesday)	Sight & Sound "Jonah"	9:00 a.m.
Apr.13 (Friday)	Lunch at Red Lobster	11:00 a.m
Apr.16 (Monday)	Vanity Fair Outlets, Reading	8:30 a.m
Apr.17 (Tuesday)	Iron Pigs Ballpark Tour	9:30 a.m
Apr.18 (Wednesday)	Giant	9:30 a.m
Apr.19 (Thursday)	SeniorFest at Ag Hall	9:30 a.m
Apr.23 (Monday)	Dinner at Palace Diner	3:30 p.m
Apr.24 (Tuesday)	Lunch/Senior Bingo	10:45 a.m
Apr.25 (Wednesday)	Breakfast/Walmart	8:30 a.m
Apr.27 (Friday)	Renningers Flea Market	8:30 a.m
Apr.30 (Monday)	Lunch/Movies at Rave (Promenade)	10:30 a.m

Bring this completed sheet to Miki's office after 9 a.m. the first morning the office is open after you receive your newsletter.

NAME: _____ APT.: _____

Please note: There is a \$5 charge for same day cancellations and no shows.

25 6:00 Concert	18 5:00 St. Patty's Party	11 7:00 Movie	4	Sun Mon 1 2 8 9 15 16 22 23 29 30	Sun
26 Food Drive Begins 10:00 Exercise 11:00 Therapy dog 1:00 Bible Study 6:00 Bingo	19 10:00 Exercise 1:00 Bible Study 1:00 Computers 6:00 Bingo	12 10:00 Exercise 1:00 Bible Study 1:30 Comm. Mtg 2:00 Balance 6:00 Bingo	5 NO EXERCISE 9:00 Rent Re- bates 10:00 Bible Study 1:00 computers	April 2012 Con Tue Wed 2 3 4 9 10 11 16 17 18 23 24 25 30 24 25	Mon
27	20	13 2:00 General Mtg.	6 2:00 Balance 2:00 Notre Dame Catholic Church	012 1 Thu Eri 5 6 12 13 19 20 26 27	Tue
28 10:00 Exercise 1:00 Income Tax 6:30 Poker League	21 10:00 Exercise 2:00 Speaker 2:00 Book club 6:30 Poker League	14 10:00 Exercise 2:00 Balance 6:30 Poker League	7 10:00 Exercise 2:00 Balance 6:30 Poker League	Sat 7 14 21 28	Wed
29 Food Drive Ends 10:00 Life Bio 2:00 St. Pauls Rev. Walbert 6:00 Shuffleboard League	22 10:00 Life Bio 2:00 Christ Lutheran Rev. Borrell 6:00 Shuffleboard League	15 10:00 Life Bio 2:00 St. Johns Rev. Langenseipen 6:00 Shuffleboard League	8 10:00 Hearing 10:00 Life Bio 6:00 Shuffleboard League	1 10:00 Life Bio 2:00 St. John EC Rev. Nahodil 6:00 Shuffleboard League 6:00 Blood Pressure	Thu
30 1:00 Yoga 2:00 Speaker 6:00 Wii Bowling League	23 1:00 Yoga 6:00 Wii Bowling League	16 1:00 Yoga 2:00 Speaker 6:00 Wii Bowling League	9 10:00 Craft Class 11:30 Food Boxes 1:00 Yoga 6:00 Wii Bowling League	2 1:00 Yoga 6:00 Wii Bowling League	Fri
31 6:00 Wii Bowling League	24 6:00 Wii Bowling League	17 11:00 Soup & Hot Dogs 6:00 Wii Bowling League	10 6:00 Wii Bowling League	3 8:00 Coffee & Donuts 12:30 Pinochle Party 6:00 Wii Bowling League	Sat