

Hi Lites of

Lutheran Manor









NEW RESIDENTS Paul Fabian 701 Angeliki Angelinas 1118

January 1 (Th	ursday)	HAPPY NEW YEAR 2015! O	FFICE CLOSED	
January 2 (Fri	day)	Banks, CVS, \$ Store, Post Office	9:30 a.m.	Van Trip
		Yoga	10:00 a.m.	Patio
		Tai Chi	12:30 p.m.	Patio
		Wii Bowling	5:30 p.m.	Lounge
January 3 (Sa	turday)	Coffee & Donuts	9:00 a.m.	Lounge
		Pinochle Party	12:30 p.m.	Lounge
January 5 (M	onday)	Breakfast/Wal-Mart	9:00 a.m.	Van Trip
		Exercise	10:00 a.m.	Lounge
		Movie-And So It Goes	11:30 a.m.	Conf Room
		Bingo	6:00 p.m.	Lounge
		Poker League	6:30 p.m.	Conf Room
January 6 (Tu	esday)	Zumba	10:00 a.m.	Lounge
		Computer Class	1:00 p.m.	Comp Room
		Rev. James Harper, Notre Dame	2:00 p.m.	Lounge
		RC, Bethlehem		
		Dinner @ The Willows Restaurant	4:00 p.m.	Van Trip
January 7 (We	ednesday)	Massage by Appointments	9:00 a.m.	Conf Room
		Weis	9:30 a.m.	Van Trip
		Exercise	10:00 a.m.	Lounge
		Bible Study	12:30 p.m.	Patio
		Piano Playing	3:00 p.m.	Lounge
		Poker League	6:30 p.m.	Conf Room
January 8 (Thu	ırsday)	Chat Room	10:00 a.m.	Patio
		Palmer Mall Shopping	10:00 a.m.	Van Trip
		Speaker-Making Healthy Choices	2:00 p.m.	Lounge
		Blood Pressure Check	6:00 p.m.	Lounge
		Shuffleboard League	6:00 p.m.	Patio
January 9 (Frid	lay)	Yoga	10:00 a.m.	Patio
		Lunch/Movie at Carmike	10:45 a.m.	Van Trip
		Second Harvest Food Delivery	11:00 a.m.	Patio
		Tai Chi	12:30 p.m.	Patio
		Wii Bowling	5:30 p.m.	Lounge
January 10 (Sat	urday)	Manicures by Appointment	9:30 a.m.	Lounge
January 11 (Su		2015 Party (Dan Yads, Vocalist)	5:00 p.m.	Lounge
January 12 (Mo		Wegmans	9:30 a.m.	Van Trip
		Exercise	10:00 a.m.	Lounge
				-

January 12 (Monday)	Bingo	6:00 p.m.	Lounge	
sandary 12 (monday)	Poker League	6:30 p.m.	Conf Room	
January 13 (Tuesday)	Zumba	10:00 a.m.	Lounge	
	General Meeting		Lounge	
	(1st & 2nd Floor responsible for s	2:00 p.m. snacks)		
January 14 (Wednesday)	Exercise 10:00 a.m. Lounge			
	Bible Study	12:30 p.m.	Patio	
	Piano Playing	3:00 p.m.	Lounge	
	Bingo at Lehigh Valley Active Life	•	Van Trip	
	Poker League	6:30 p.m.	Conf Room	
January 15 (Thursday)	Kitchen Kettle/Lunch	8:30 a.m.	Van Trip	
	DVD-André Rieu	10:00 a.m.	Lounge	
	Rev. Rick Sergi, Emmanuel EC,	2:00 p.m.	Lounge	
	Bethlehem	-	-	
	Shuffleboard League	6:00 p.m.	Patio	
January 16 (Friday)	Breakfast/Valley Farms	9:00 a.m.	Van Trip	
	Yoga	10:00 a.m.	Patio	
	Tai Chi	12:30 p.m.	Patio	
	Speaker -Foot Health	2:00 p.m.	Lounge	
	Wii Bowling	5:30 p.m.	Lounge	
January 17 (Saturday)	Soup & Hot Dogs Jim Loftus	11:00 p.m.	Lounge	
January 18 (Sunday)	Quakertown Farmers Market	11:00 a.m.	Van Trip	
January 19 (Monday)	Martin Luther King Day C	OFFICE CLOSED		
January 20 (Tuesday)	Apartment Inspections	8:30 a.m.	Floors	
	(Floors 11, 10, 9)			
	Zumba	10:00 a.m.	Lounge	
	Senior Bingo w/lunch	10:45 a.m.	Van Trip	
	Art with Pat	1:30 p.m.	Lounge	
January 21 (Wednesday)	Apartment Inspections	8:30 a.m.	Floors	
	(Floors 8, 7, 6)			
	Giant	9:30 a.m.	Van Trip	
	Exercise	10:00 a.m.	Lounge	
	Bible Study	12:30 p.m.	Patio	
	Piano Playing	3:00 p.m.	Lounge	
	Poker League	6:30 p.m.	Conf Room	
January 22 (Thursday)	Apartment Inspections	8:30 a.m.	Floors	
	(Floors 5, 4, 3)	10.00		
	Chat Room	10:00 a.m.	Patio	
	Rev. Clark Kuntz	2:00 p.m.	Lounge	
	(Memorial Service)		Datia	
lonuomy 22 (Enidore)	Shuffleboard League	6:00 p.m.	Patio	
January 23 (Friday)	Apartment Inspections	8:30 a.m.	Floors	
	(Floors 2, 1)			

January 23 (Friday)	Yoga	10:00 a.m.	Patio
	Tai Chi	12:30 p.m.	Patio
	Bed Bath & Beyond/Pier	1 1:00 p.m.	Van Trip
	Wii Bowling	5:30 p.m.	Lounge
January 25 (Sunday)	Social	5:00 p.m.	Lounge
January 26 (Monday)	Exercise	10:00 a.m.	Lounge
	Therapy Dog	11:00 a.m.	Lounge
	Lunch @Cracker Barrell	11:00 a.m.	Van Trip
	Movie-And So It Goes	11:30 a.m.	Conf Room
	Bingo	6:00 p.m.	Lounge
	Poker League	6:30 p.m.	Conf Room
January 27 (Tuesday)	Zumba	10:00 a.m.	Lounge
	Computer Class	1:00 p.m.	Comp Room
January 28 (Wednesda	y) Redner's Market/Family	Dollar 9:30 a.m.	Van Trip
	Exercise	10:00 a.m.	Lounge
	Bible Study	12:30 p.m.	Patio
	Piano Playing	3:00 p.m.	Lounge
	Poker League	6:30 p.m.	Conf Rm
January 29 (Thursday)	Chat Room	10:00 a.m.	Patio
	Rev. Jay Wetzel, St. John	2:00 p.m.	Lounge
	Lutheran, Bath		
	Dinner @ Perkins Restau	rant, Rt 191 4:30 p.m.	Van Trip
	Shuffleboard League	6:00 p.m.	Patio
January 30 (Friday)	Yoga	11:30 a.m.	Patio
	Tai Chi	12:30 p.m.	Patio
	Kohl's	1:00 p.m.	Van Trip
	Wii Bowling	5:30 p.m.	Lounge
January 31 (Saturday)	Target/Christmas Shop/R	Ross 10:00 a.m.	Van Trip
	Shopping		
Bingo	Every Monday	6 p.m.	Lounge
Exercise	Every Monday & Wednesday	10 a.m.	Lounge
Poker League	Every Monday & Wednesday	6:30 p.m.	Conf Rm
Zumba	Every Tuesday	10 a.m.	Lounge
Bible Study	Every Wednesday	12:30 p.m.	Patio
Piano Playing	Every Wednesday	3:00 p.m.	Lounge
Chat Room	Every Thursday	10 a.m.	Patio
Shuffleboard	Every Thursday	6 p.m.	Patio
Yoga	Every Friday	10:00 a.m.	Patio
Tai Chi	Every Friday	12:30 p.m.	Patio
Wii Bowling	Every Friday	5:30 p.m.	Lounge

Claudie's





Katie the Dietician from Manor Care will be here on

Thursday, January 8th at 2pm in the lounge. She will be talking to you about "Making Healthy Choices" for the New Year. You don't want to miss it!

Refreshments will be served!

TRADITIONS #HANOVER At Home

FOOT HEALTH CARE

198

Friday, January 16, 2015 at 2pm, in the Lounge

"Healthy feet are essential for healthy aging yet 3 out of 4 people develop foot problems as they age."

Why are healthy feet so important?

You will get all the answers on having healthy feet at this session. Please come down and get valuable information on taking proper care of your feet.

REFRESHMENTS WILL BE SERVED!



Soup & Hot Dogs



Saturday, January 17 11 a.m. to 2 p.m.

Entertainment by:	
SODA OR COFFEE:	\$1.00
DESSERT: Ice Cream & Strawberries	\$2.50
<u>RED BEET EGGS</u> :	.50
<u>HOT DOGS</u> :Plain, Sauerkraut, or Chili	\$1.50
<u>SOUP</u> : Pepper Pot	\$2.50
-	

Jim Loftus 50/50 Drawing



Snacks available every Monday & Wednesday From 3-6 p.m. In the Lounge.





Be My Valentine



Coffee & Donuts



Saturday, January 3rd 9:00 a.m. to 10:30 a.m. \$1.00 coffee \$1.00 donut \$1.00 additional donuts Friends and Family are Welcome.

Mr. Peabody or Miz Daisy

will be coming by and they would love to see you.

Monday, January 26.

At 11:00 am in the lounge.



WALKERS CLUB

will be taking a Winter Break.



We will resume in **April 2015.**

Join Darla for ZUMBA

Every Tuesday

10:00 a.m.

Lounge

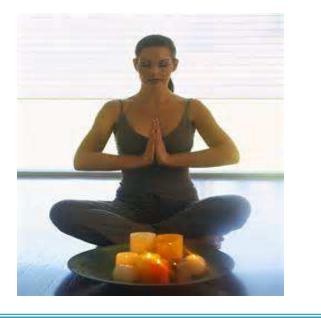




Blood Pressure Check Thursday, January 8th 6:00 p.m. In the Lounge

Join us for YOGA

Every Friday 10:00 AM **Patio**



Linda will be here to do Manicures. Saturday, January 10th

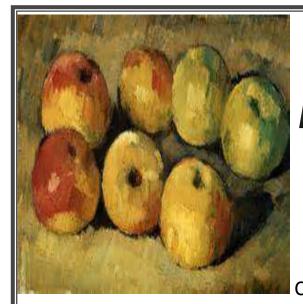
See Claudie for an appointment.

EXERCISE CLASS

Join the class with *Robin*. Every Monday & Wednesday at 10:00 AM In the Lounge







Tuesday, January 20th, 2015 1:30 pm in the Lounge

Class will continue to draw and paint apples from the

Artist "*Paul Cezanne's*" and do a landscape, with a limited palette of colors. You will be taking home a beautiful finished piece on a frame that you created yourself. You do not have to have artistic skills for this class. Come check it out!

Please sign up if you want to do ART with Pat.



The Staff of Lutheran Manor would like to thank everyone for your kindness and generosity during the Christmas holiday. We definitely appreciate your gifts, delicious treats, cards and well wishes at this special time of the year.

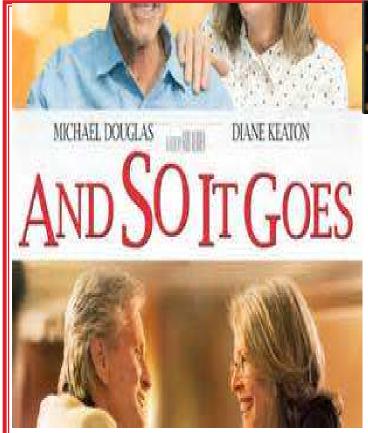
May you all have a Blessed,

Happy and Prosperous New Year!

Courtney, Michelle, Dolores, Jennifer, Rosa, Claudie, Ken, Donny, Bryan, Mike, Judy, Pastor Clark, Don S., Dave & Krissy



Entertainment by: Robin & Jim





Michael Douglas and Diane Keaton give captivating performances in a sexy comedy about *life, love and second chances*. When his estranged son leaves his granddaughter for him to raise, obnoxious realtor Oren Little (Douglas) recruits his sweet neighbor Leah (Keaton) to help out. In the process Oren realizes it may not be too late to begin appreciating the people in his life– and even allowing a few new ones into it!

Monday, January 5 & 26

11:30 am

Conference Room



Apartment Inspections

Dear Residents,

We are required by the Department of Housing and Urban Development to bi-annually inspect all equipment in Lutheran Manor's units. This inspection will include Plumbing, Heating/AC, Electrical, Appliances, Windows, Carpeting, and Paint.

Due to our tight schedule the maintenance department will start their inspections at 8:30 AM on:

Tuesday,	January 20, floors 11, 10 and 9
Wednesday,	January 21, floors 8, 7, 6
Thursday,	January 22, floors 5, 4, 3
Friday,	January 23, floors 2, 1

You do NOT have to do anything for this inspection.

You do not have to be home, but if you are not home on these days, maintenance will enter your apartment and do their inspection.

We thank you in advance for your cooperation in this matter.

Ken, Donny, Bryan Maintenance Department



Dear Residents,

Just a little note to **THANK** all of you for the Love and Friendship I have felt with you and your families over these many years.

It has been a pleasure working at Lutheran Manor, this was a second home for me and you were all like my family.

MISSING YOU does not describe how I feel about leaving here and "OUT OF SIGHT, OUT OF MIND" will not be the case when I'm gone. I have way too many wonderful, fun memories with all of you and I'm sure I will see you in my walks around the area.

Again, I would like to thank you for the fun party with not just one but two delicious cakes and your wonderful generosity in my gifts.

Okay, I have one more thing to say and it's the last time you will hear this from me, **DO NOT OPEN THE DOOR FOR STRANGERS!** (I know how much you loved hearing me say that).

Take care and God Bless,

Dolores

Note from the Manager...

I hope everyone had a joyous & safe holiday!! The Lutheran Manor staff received so many wonderful greeting cards, gifts, and delicious baked goods. I personally would like to thank everyone for their generosity this holiday season- THANK YOU!!! As always, it is our pleasure to continue working hard and ensuring that Lutheran Manor is the best senior community in the valley!

During the last Tenants Association Meeting, I announced that we will be replacing our medical duress system at Lutheran Manor. This is the medical call system that is triggered when *you pull your emergency cord* in your apartment. This system will be replaced in the beginning of **FEBRUARY**. During the installation period, there will be <u>one week</u> that your emergency cord <u>WILL NOT WORK</u>. We will notify you the exact dates that it will be shut down. *(closer to February)* These dates will be posted on the bulletin boards and the TV message boards located on each floor, as well as a memo delivered to your apartment. During the time this system will be shut down, <u>you will need</u> to call 911 directly yourself if you are in an emergency situation. Thank you for your cooperation.

Another one of our efforts to keep Lutheran Manor in superior condition is *Preventive Maintenance*. One aspect of this goal is our bi-annual apartment inspections. In January, we will be inspecting all apartments in the building. Please be sure to report any maintenance problems or concerns to our staff during your inspection. We can only address or resolve maintenance issues if we know about them. In addition, we have a new preventative contract with our pest control company. We are going to add preventative inspections to all apartments and common areas, as well as home inspections to scheduled move-in's. If there is an unwanted pest or critter at Lutheran Manor, we want to find it! We have improved our preventive maintenance contract with our elevator company. We know unexpected maintenance issues happen with elevators, but we are dedicated to keep those situations to a minimum.

Please continue to report any problems in your apartment or around the building, and we will be sure to address it!! 2014 was a great year at Lutheran Manor, but **2015** is going to be bigger and better yet!!!

Courtney Doheny

Property Manager



JUST A FRIENDLY REMINDER

RENT AND HOUSEKEEPING CHECKS ARE SENT THRU A BANK MACHINE IN MY OFFICE.

When you write your rent or housekeeping checks please remember to:

Write your check in black or blue ink only.

Write or print legibly so it can be read by the Bank Machine.

Check to see that the printed dollar amount is the same as the written dollar amount. All check amounts will end with .00's (no cents).

Make sure checks have you apartment number on them. If not in you address then on the memo line.

Make sure all checks are signed and dated.

This information speeds up the processing time and your checks will be deposited in a timely manner. Thank you for your cooperation

Dolores

MEMORIAL SERVICE



January 22, 2015, 2p.m.

A time to remember all those friends and family (not only Lutheran Manor Residents)

who passed away during 2014.

Person(s) to be remembered at Memorial Worship Service in the lounge.

(You may include residents of Lutheran Manor or other friends and family who passed in 2014).







CONGRATULATIONS Dolores on your

Retirement from Lutheran Manor. Thank you for your faithful and dedicated service as an *Administrative Assistant*

for

24 Years.

The Residents and Staff will definitely miss you!!!







OPEN for

USSION

like to put up the Christmas tree. I do not like to take it down. I like to decorate it with ornaments that have been collected over many years and hold lots of memories as they are unwrapped and placed on the tree.

It is not fun to take it off the tree, wrap it up in paper and put it out of sight for another year. Is that it? Is Christmas over for another year?

Maybe there is more to Christmas than a day or a season. Maybe it is a lifestyle. John 3:16 says that God <u>"gave"</u> His one and only Son. The shepherds took the time to go and see Jesus and <u>give</u> him praise following their visit. The wise men <u>gave</u> Jesus gifts of gold, frankincense and myrrh. Does giving need to be reserved for Christmas? Or is Christmas more about a lifestyle that <u>gives</u> regardless of the time of the year?

The Christmas tree ornaments have been boxed away for another year. It would be tragic if the spirit of Christmas got boxed up with them. The spirit of Christmas is a spirit of cheerful giving and that can be done 365 days a year. Merry Christmas, today, <u>and every day of the year.</u>



...<u>and</u> Happy New Year! Pastor Clark

WORSHIP EVERY WEEK AT 2PM IN THE LOUNGE

<u>Tuesday</u>, Jan 6th – Rev James Harper, Notre Dame R.C. Church, Bethlehem

Thurs. Jan. 15th-Rev. Rick Sergi, Emmanuel E.C., Bethlehem

Thurs. Jan 22nd - Memorial Worship, Chaplain Clark

SCHEDULE Thurs. Jan 29th –Rev. Jay Wetzel, St. John Lutheran, Bath

BIBLE STUDY- EVERY WEDNESDAY AT 12:30PM IN THE PATIO



We continue our study in the Gospel of Luke. All are welcome!

CHAT ROOM -EVERY THURSDAY* AT 10 AM

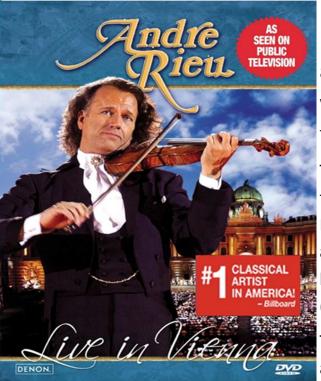
IN THE PATIO A weekly gathering to "chat" about a variety of subjects...often a dozen or more... during each session. Enjoy getting to know your neighbors! *not on New Year's Day

•The Sunday School Teacher asks, "Now, Johnny, tell me frankly do you say prayers before eating?" "No sir," little Johnny replies, I don't have to. My mom is a good cook."

•A New Year's resolution is something that goes in one year and out the other. •May all your troubles last as long as your New Year resolutions.

ANDRÉ RIEU: LIVE IN VIENNA (DVD)

Thursday, January 15th at 10 am in the Lutheran Manor Lounge



More André Rieu!! On January 15th we will once again be entertained by this outstanding Dutch violinist and conductor best known for creating the waltz-playing Johann Struss Orchestra.

This is a 2007 mid-summer concert which took place in front of imperial Hofburg Palace in the center of Vienna. Playlist selection is wonderful with 25 classical hits. There are waltzes, polkas, arias and musical pieces. The highlights are All Strauss Waltzes, Eine kleine Nachtmusik (Mozart Medley), The Sound of Music, and Arias.

The Johann Strauss Orchestra is accompanied by Choir and joined by guest stars namely The Platine Tenors, Dogmar Koller, Carmen Monarcha, Carla Maffioletti,

Mirusia Louwerse and Suzan Erens. They all have wonderful performances. Also the Ballet of the Vienna State Opera, the Vienna debutantes from the Elmayer Dance School joins the Viennese ambient with their waltzes.

"Tastes are, of course, subjective, but, in my opinion, "Live in Vienna" is far and away the best concert ever performed by Andre' Rieu and the Johann Strauss Orchestra."

"Overall, compared with previous Andre's Concert DVD's, there is a marked increase of the usual elegance and finesse in the innovated presentation of Andre Rieu being accompanied by the Johann Strauss orchestra and choir. It is more apparent when we consider the concert is being held in Vienna, the home of the Strauss family and the birthplace of the waltz."

"One of the best of Andre Rieu. Especially if you love the waltzing themes, this one is for you with lots of waltzes in the heart of waltz-capital of Europe, Vienna. You will enjoy a real Viennese Night."

COME JOIN US ON THURSDAY, JANUARY 15th FOR THIS OUTSTANDING CONCERT.

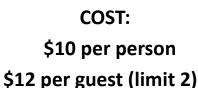
-Sponsored by the Chat Room



2015 PARTY Sunday, January 11, 2015

5 pm in the Lounge

Doors Open at 4 pm



Entertainment by: Dan Yads, Vocalist

Served Menu:

3 for \$1.00

Baked Ham w/Pineapple Sauce Salad w/Bacon Dressing Scalloped Potatoes Green String Beans Rolls w/butter Dessert Coffee or Tea Soda—\$1.00



Coordinator: Ronnie Clifford

Bringing the Joy & Comfort of music to all.



2015 PARTY January 11, 2015



Place slip in a sealed envelope along v	with cash payment and sli	ide it under Marge Bachemin's
	door Apt #705.	
lame:	Apt#	Phone:

of Guests_

DEADLINE FOR RESERVATIONS IS WEDNESDAY, JANUARY 7.







February 2015

DATE	DAY	TRIP	TIME	
February 3	(Tuesday)	Banks, CVS, \$ Store, Post Office	9:30 a.m	
February 4	(Wednesday)	Weis Market	9:30 a.m	
February 5	(Thursday)	Dinner @ Doughboys	4:00 p.m	
February 6	(Friday)	Lunch @ Olive Gardens in Whitehall	11:00 a.m	
February 9	(Monday)	Breakfast/Wal-Mart	9:00 a.m	
February 11	(Wednesday)	Valley Farms	9:30 a.m	
February 12	(Thursday)	Shopping at Lehigh Valley Mall	10:00 a.m	
February 13	(Friday)	Movie/Lunch	10:45 a.m	
February 16	(Monday)	Giant	9:30 a.m	
February 17	(Tuesday)	Lunch @ Doughboys	11:00 a.m	
February 18	(Wednesday)	Bingo at Lehigh Valley Active Life	5:15 p.m	
February 19	(Thursday)	Dinner @ Carrabba's Restaurant in Allentown	4:30 p.m	
February 23	(Monday)	Wegmans	9:30 a.m	
February 24	(Tuesday)	Senior Bingo w/lunch (donations)	10:45 a.m	
February 25	(Wednesday)	Shopping at Hobby Lobby	1:00 p.m	
February 26	(Thursday)	Kmart/Dollar Tree/Lunch at Diner in Wind	9:30 a.m	
February 27	(Friday)	Allentown Farmers Market/Lunch @ Ritz Barbecue	9:30 a.m	



Please fill out the form and bring to my office, I will start collecting forms at 7 a.m. on the first day of the month.

Name:

_Apt:___

PLEASE CANCEL WITHIN 24 HOURS OF YOUR REQUESTED TRIP SO WE CAN CALL THE NEXT RESIDENT ON OUR WAITING LIST.

A \$5 FEE will be required for NO SHOWS without cancelations.







Thu



Sun

Mon

Tue

Wed

Fri

Sat

	MICHAEL DOKCANS WE WE REALTON AND SO IT GOES			I NEW 2015	2 10:00 Yoga 12:30 Tai Chi 5:30 Wii Bowling	3 9:00 Coffee & Donuts 12:30 Pinochle Party
4	5 10:00 Exercise 11:30 Movie-And So It Goes 6:00 Bingo 6:30 Poker League	6 10:00 Zumba 1:00 Computer Class 2:00 Rev James Harper, Notre Dame RC, Bethlehem	7 9:00 Massage by Appointments 10:00 Exercise 12:30 Bible Study 3:00 Piano Playing	 8 10:00 Chat Room 2:00 Speaker-Making Healthy Choices 6:00 Blood Pressure 6:00 Shuffleboard League 	9 10:00 Yoga 11:00 Second Harvest Food Delivery 12:30 Tai Chi 5:30 Wii Bowling	10 9:30 Manicures by Appointment
II 5:00 2015 Party	12 10:00 Exercise1:30 Committee Mtg6:00 Bingo6:30 Poker League	13 10:00 Zumba 2:00 General Meeting MEETING!!	14 10:00 Exercise12:30 Bible Study3:00 Piano Playing6:30 Poker League	 15 10:00 DVD Andre R 2:00 Rev Rick Sergi, Emmanuel EC, Bethlehem 6:00 Shuffleboard League 	 16 10:00 Yoga 12:30 Tai Chi 2:00 Speaker-Foot Health 5:30 Wii Bowling 	17 11:00 Soup & Hot Dogs
18	19 OFFICE CLOSED	20 10:00 Zumba 1:30 Art with Pat	21 10:00 Exercise12:30 Bible Study3:00 Piano Playing6:30 Poker League	22 10:00 Chat Room2:00 Rev Clark Kuntz(Memorial Service)6:00 Shuffleboard League	23 10:00 Yoga 12:30 Tai Chi 5:30 Wii Bowling	24
25 5:00 Social	26 10:00 Exercise 11:00 Therapy Dog 11:30 Movie-And So It Goes 6:00 Bingo	27 10:00 Zumba 1:00 Computer Class	28 10:00 Exercise12:30 Bible Study3:00 Piano Playing6:30 Poker League	29 10:00 Chat Room2:00 Jay Wetzel, St JohnLutheran, Bath6:00 Shuffleboard League	30 10:00 Yoga 12:30 Tai Chi 5:30 Wii Bowling	31