### November 2017

## Hi Lites of Lutheran Manor











#### **New Resident**

Carol Neos Apt#419

	*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\		***
November 1 (Wednesday)	Drop off Van trip papers	7:00 a.m.	Lounge
	Breakfast @Cracker Barrell	9:00 a.m.	Van Trip
the state of the s	Exercise	10:00 a.m.	Lounge
to.	Bible Study	12:30 p.m.	Lounge
The state of the s	Walkers Club	2:00 p.m.	Outside
November 2 (Thursday)	Zumba Gold	9:00 a.m.	Lounge
	Chat Room	10:00 a.m.	Lounge
	Lunch @Friendly's/shopping at	11:00 a.m.	Van Trip
	Hackman's Bible Bookstore		
	Rev. Jack Tanis, Calvary	2:00 p.m.	Lounge
₹	Baptist, Easton		
	Blood Pressure Check	6:00 p.m.	Lounge
*2 **	Prayer Time	7:00 p.m.	Lounge
November 3 (Friday)	Lounge Cleaning	7:00 a.m.	Lounge
7.7 - A.	(Lounge & Laundry Rm CLOSED till	l 9:45 am)	
*2 *}	Banks, CVS, \$ Store, Post Office	9:30 a.m.	Van Trip
<del>2</del>	"Mobile Market " (last day)	10:00 a.m.	Lounge
<del>2</del>	Yoga	10:00 a.m.	Conf Rm
A Charles	Tai Chi	12:45 p.m.	Conf Rm
	Second Harvest	1:00 p.m.	Lounge
₹? ?k	Walkers Club	2:00 p.m.	Outside
<b>₹</b>	Wii Bowling	5:30 p.m.	Lounge
November 4 (Saturday)	Coffee & Donuts	8:00 a.m.	Lounge
	Pinochle Party	12:30 p.m.	Lounge
November 5 (Sunday)	Daylight Savings Time (Fall Back)	•	J
November 6 (Monday)	Massage	9:00 a.m.	Conf Rm
	Hunterdon Hills Playhouse "A	10:00 a.m.	Van Trip
	Playhouse Christmas		•
	Exercise	10:00 a.m.	Lounge
K.	Speaker-NO Cost Pet Care	1:30 p.m.	Lounge
K.	Bingo	6:00 p.m.	Lounge
November 7 (Tuesday)	DeSales Dancers	9:00 a.m.	Lounge
	Lunch @Bethlehem Diner/	11:00 a.m.	Van Trip
	Movie @Carmike		
<b>*</b>	Rev. James Harper, Notre Dame	12:30 p.m.	Lounge
	RC, Bethlehem	1	- 3-
K.	Computer Class with Nancy	1:00 p.m.	Conf Rm
*		=:00	

November 7 (Tuesday)	Walkers Club	2:00 p.m.	Outsid
November 8 (Wednesday)	Weis	9:30 a.m.	Van Tr
	Exercise	10:00 a.m.	Lounge
	Bible Study	12:30 p.m.	Lounge
	Walkers Club	2:00 p.m.	Outsid
	Line Dancing	2:00 p.m.	Lounge
November 9 (Thursday)	Zumba Gold	9:00 a.m.	Loung
	Chat Room	10:00 a.m.	Loung
	Chili Cook Off (Sign-up required)	12:00 p.m.	Loung
	Good Sherpherd Aquatic Pool	4:00 p.m.	Van Tr
	Program Cost: \$8.00 (Physician		
	waiver required)		
November 10 (Friday)	Lounge Cleaning	7:00 a.m.	Loung
	(Lounge & Laundry Rm CLOSED till 9	-	
	Peddler's Village/Lunch	9:00 a.m.	Van Ti
	Yoga	10:00 a.m.	Conf F
	Tai Chi	12:45 p.m.	Conf F
	Walkers Club	2:00 p.m.	Outsid
	Wii Bowling	5:30 p.m.	Loung
November 11 (Saturday)	HAPPY VETERANS DAY!!!		
	Holiday Bazaar	10:00 a.m.	Loung
	Dinner @Applebee's (FREE DINNER	3:00 p.m.	Van Ti
	FOR VETERANS)		
November 12 (Sunday)	Sunday Praise with David	1:00 p.m.	Loung
November 13 (Monday)	Mercer Museum Tour Cost: \$11.00/	9:00 a.m.	Van T
	Lunch @Bocellis Restaurant		
	Exercise	10:00 a.m.	Loung
	Committee Meeting	1:30 p.m.	Conf F
	Bingo	6:00 p.m.	Loung
November 14 (Tuesday)	Wegmans	11:00 a.m.	Van T
	General Meeting	2:00 p.m.	Loung
	(4th Floor responsible for snacks)		
November 15 (Wednesday)	Exercise	10:00 a.m.	Loung
	Shopping @Ross & Christmas	10:00 a.m.	Van T
	Shop/Lunch @Copperhead Grill		
	Bible Study	12:30 p.m.	Loung
	Walkers Club	2:00 p.m.	Outsid
November 16 (Thursday)	Zumba Gold	9:00 a.m.	Loung
	Chat Room	10:00 a.m.	Loung
	Rev. Lisa Borrell, Friedens	2:00 p.m.	Loung
	Lutheran		_

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November 16 (Thursday)	Dinner @Outback Steakhouse	4:00 p.m.	Van Tr
	Prayer Time	7:00 p.m.	Lounge
November 17 (Friday)	Lounge Cleaning	7:00 p.m.	
	(Lounge & Laundry Rm CLOSEI		
	Quakertown Farmers Market/	9:30 a.m.	Van Tr
	Lunch @Boova Haus/shop at		
	Quaker Antique Mall		_
	Yoga	10:00 a.m.	Conf R
	Tai Chi	12:45 p.m.	Conf R
	<b>Speaker-</b> Thanksgiving Crafts	1:00 p.m.	Lounge
	Walkers Club	2:00 p.m.	Outsid
	Wii Bowling	5:30 p.m.	Lounge
November 18 (Saturday)	Soup & Hotdogs- <i>Joe Krobath</i>	5:00 p.m.	Lounge
November 19 (Sunday)	Hershey Sweet Lights/Stop for	4:00 p.m.	Van Tr
	Coffee		
November 20 (Monday)	Exercise	10:00 a.m.	Lounge
	Giant	12:00 p.m.	Van Tr
	Movie-P.S. I Love You	1:00 p.m.	Conf R
	Art with Pat	1:30 p.m.	Loung
	Bingo	6:00 p.m.	Loung
November 21 (Tuesday)	Computer Class with Nancy	1:00 p.m.	Comp
	Speaker-Annual Open Enrollme	ent 2:00 p.m.	Loung
	Walkers Club	2:00 p.m.	Lounge
	Dinner @Chili's Restaurant	4:00 p.m.	Van Tr
November 22 (Wednesday)	Thanksgiving Eve		
	Breakfast @Wind Gap Diner	9:00 a.m.	Van Tr
	shopping at Kmart		
	Exercise	10:00 a.m.	Lounge
	Bible Study	12:30 p.m.	Lounge
November 23 (Thursday)	HAPPY THANKSGIVING	(OFFICE CLOSED)	
	Rev. Clark Kuntz	10:00 a.m.	Loung
	Worship Service		
November 24 (Friday)	Black Friday	(OFFICE CLOSED)	
November 25 (Saturday)	Manicures by Appointment	9:00 a.m.	Lounge
November 26 (Sunday)	Social-Rehrig Brothers	5:00 p.m.	Lounge
November 27 (Monday)	Breakfast @Tic Toc/Walmart	9:00 a.m.	Van Tr
	Exercise	10:00 a.m.	Lounge
	Movie-P.S. I Love You	1:00 p.m.	Conf R
	Art with Pat	1:30 p.m.	Lounge
	Bingo	6:00 p.m.	Loung
November 28 (Tuesday)	Walkers Club	2:00 p.m.	Outsid
` ''	Dinner @Red Lobster	4:00 p.m.	Van Tr

🧩 November 29 (Wednesday)	Pennsylvania Christmas &	8:00 a.m.	Van Trip
	Gift Show/Harrisburg Cost: \$6.00		
	Exercise	10:00 a.m.	Lounge
	Bible Study	12:30 p.m.	Lounge
	Walkers Club	2:00 p.m.	Outside
	Line Dancing	2:00 p.m.	Lounge
🔆 November 30 (Thursday)	Zumba Gold	9:00 a.m.	Lounge
	DVD-Frank Sinatra	10:00 a.m.	Lounge
	Rev. Dan Miller, Edgeboro	2:00 p.m.	Lounge
	Moravian Church, Bethlehem		13
	<b>Good Sherpherd Aquatic Pool</b>	4:00 p.m.	Van Trip
	Program Cost: \$8.00 (Physician		13
	waiver required)		13



## Social Security Award Letters **MAKE NOTE!**

This is the time of year that we expect each resident to receive their annual **Social Security award letter** in the mail.

Watch your mail and when you receive your award letter,

please bring it to the **main office** right away so we can make a copy for your file.









#### Thursday, November 9, 2017

12:00 pm In the Lounge

We will be having a Chili Cook Off on Thursday, November 9. Anyone interested in participating in the cook off please fill out the slip below.

We will be judging in 4 categories, (Best Traditional, Best Spicy, Most Original, People's Choice). Prizes will be awarded for those categories.

All are WELCOME to attend and eat.



Name:\_\_\_

#### **CHILI COOK OFF**

Apt#

1 nursday, November 9, 12:00 pm	2017
rticipate in the Chili Cook	Off Contest
I will enter is: (Check Of	NLY 1 below)
alBest Spicy _	Most Original
g, <u>NOT</u> making Chili	
	rticipate in the Chili Cook I will enter is: (Check ON

Activity	Ur Activi Dates	Time	<u>Place</u>
Exercise	Every Monday & Wednesday	10:00 am	Lounge
Walkers Club	Every Tues, Wed & Fri	2:00 pm	Outside
Worship Service	1st Tuesday & 2nd, 3rd, 4th Thursday	2:00 pm	Lounge
Bible Study	Every Wednesday	12:30 pm	Lounge
Line Dancing	Every other Wednesday	2:00 pm	Lounge
Zumba Gold	Every Thursday	9:00 am	Lounge
Chat Room	Every Thursday	10:00 am	Lounge
Prayer Time	1st & 3rd Thursday of each month	7:00 pm	Lounge
Yoga	Every Friday	10:00 am	Conf Rm
Tai Chi	Every Friday	12:45 pm	Conf Rm
Mobile Market	Friday (last day November 3)	10:00 am	Lounge
Wii Bowling	Every Friday	5:30 pm	Lounge
Sunday Praise	Every 2nd Sunday	1:00 pm	Lounge



Saturday	12/2	Coffee & Donuts	8:00 a.m.
Saturday	12/2	Pinochle Party	12:30 p.m.
Sunday	12/10	Holiday Dinner-Jim & Robin	5:00 p.m.
Saturday	12/16	Soup & Hotdogs-Gilberts	5:00 p.m.
Sunday	12/31	New Years Eve-Rehrig Bros	9:30 p.m.



# Claudie's thankful Corner

#### **NO Cost Pet Care**

Tammy Neubauer from Banfield Pet Hospital will be here on:

Monday, November 6, 2017
1:30 pm in the Lounge

If you own a pet you definitely want to be here for this presentation. She will be speaking to you about the **preventive care packages**. These preventive care packages provide pets with the healthy things that pets need including office visits, routine vaccines, fecals, deworming and comprehensive bloodwork once a year. They offer the basic wellness plans to clients at

**no cost** if you are able to **show financial need**.



The qualifications include having low income, receiving medicaid, SNAP.

#### Thanksgiving Crafts

Lisa Bachman will be here on Friday, November 17, 2017

1pm
In the Lounge

Fun time making Thanksgiving crafts, join the activity. You will be able to take your craft home with you. Sign up early **ONLY 15 residents** may participate.

Refreshments will be served!!!



#### **Art with Pat**

will be here on Monday, November 20 & 27, 2017 1:30 pm in the Lounge

Both sessions will be devoted to **paste paper**. Paste paper was made as early as the 1600's and was a specialty of Moravian women in the Single Sisters' houses. Colors made from vegetable dyes were added to a starch paste that was applied to paper. The paste was then manipulated with different tools to produce

an endless variety of patterns.

Sign up required!





Cherie Zettlemayer, MSW, LSW, CSA
Insurance & Fixed Annuity Consultant
Will be here on

Tuesday, November 21, 2017

1:30pm in the Lounge

She will be showing you a DVD on very important individual health insurance plans to subsidy-eligible plans and Medicare supplements. Come learn about all of the benefit options that are available to you.

#### **Computer Class**

Tuesday,
November 7 & 21
1:00 pm—3:00 pm



Sign up required.

# Tai Chi 6

#### Tai Chi

12:45 pm
in the Conference
Room.

#### **Walkers Club**

Time change from 9:00 am to 2:00 pm Every Tuesday, Wednesday & Friday





#### **YOGA**

Every Friday 10:00 am in the Conference Room.



#### 



#### <u>ZUMBA GOLD</u>



9:00 am
In the Lounge

#### **MASSAGE**

#### Monday, November 6

9:00 am-3:00 pm

Conference Room
If you are interested in getting
a massage please sign-up
with Claudie.



Price: \$20.00 1/2 hour \$40.00 1 hour

Chair Massage also available.



#### Coffee & Donuts

Saturday, November 4

8:00 am to 10:30 am \$1.00 coffee \$1.00 donut

\$1.00 additional donuts

Friends and Family

Blood Pressure Check

Thursday, November 2

6:00 pm Lounge



EXERCISE
Every Mon & Wed
10:00 am
in the Lounge.



Linda will be here to do

#### **MANICURES**

Saturday, November 25



Set up an appointment with Claudie.

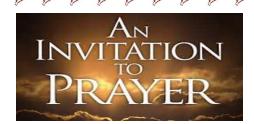
#### Now SHOWING Monday

November 20 & 27 1:00 pm in the Conference Room

#### P.S. I Love You



When Gerry (Gerard Butler), the husband of Holly Kennedy (Hilary Swank), dies from an illness, she loses the love of her life. Knowing how hard Holly will take his death, Gerry plans ahead. Beginning on her 30th birthday, she receives the first in a series of letters written by him, designed to ease her grief and encourage her to move forward to a new life.



**Prayer Time** 

#### 1st & 3rd Thursday

of each month

In the Lounge

7:00 pm-8:00 pm

**Everyone is Welcome!** 

Coordinators: Bev Westwood & Loretta Mollo



#### LINE DANCING

Peggy Sue Tobias
will be here on
Wednesday,
November 8 & 29
2:00 pm
In the Lounge





#### Saturday, November 11, 2017

10:00 am—2:00 pm Kitchen opens at 10:00 am

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#### <u>Menu</u>



 Chips
 .50

 Soda
 \$1.00

 Water
 \$1.00

 Coffee
 \$1.00

 Hot Dogs
 \$1.50

Cream of Broccoli Soup **\$3.00** Ice Cream **\$2.50** 



Chances for 6 Gift Certificates \$1.00 each or 6 for \$5.00.









#### **Window Candles**

It is a custom at **Lutheran Manor** to light a candle in every window during the holiday season. A single **CLEAR** candle in each window looks lovely and is a warm welcome to all who are traveling on the

highway. This is our way of saying

"Welcome to Bethlehem, The Christmas City".

Traditionally, candles are lit the first Sunday in Advent. So, please **light your** candles on **Sunday, November 26** and enjoy the holidays.

#### Welcome to Bethlehem!!

#### Worship Service

Once again it is time to schedule **Clergy** for our **2018** Thursday Worship services. Your help is needed. Take this opportunity to talk to your pastors and inquire if they would be interested in leading worship. Be sure to tell them that our Worship Services are held on Thursdays at 2 p.m.



If your pastor is interested, please complete the bottom of this notice and return it to **Pastor Clark** so he can contact your minister to set a date for next year's schedule.

Thank you!

Pastor Clark

	PLEASE RETURN THIS SLIP TO PASTOR CLARK	
Clergy's Name	Phone	
Church		
Your Name	Phone	



#### Soup & Hot Dogs

Saturday, November 18 5:00 pm

SOUP: Chicken Noodle \$3.00

HOT DOGS: Plain, Sauerkraut, or Chili \$1.50

RED BEET EGGS: .50

<u>DESSERT</u>: Ice Cream & Strawberries \$2.50

SODA OR COFFEE: \$1.00

Entertainment by:

Joe Krobath

50/50 Drawing

Friends and Family are Welcome!

#### **Eat Real Food Mobile Market**

#### Last Day!!!

Friday, November 3 In the Lounge 10:00 am-11:30 am



What a **convenience**, you don't have to leave your home. *Fruits and vegetables* and more come to you. Stop by and see all the new items and produce that come every Friday.

## Sunday Social

The Resident's Association Sunday, November 26, 2017





**Entertainment by:** Rehrig Brothers

4:00 pm Doors open
5:00 pm Refreshments
6:00 pm Entertainment



Donations requested!







#### **BINGO**



Every **Monday** at 6:00 pm in the Lounge.

## Wii BOWLING



Every Friday 5:30 pm In the Lounge

Enhance your social life by playing **Wii Bowling**. What a better way to get active, socialize and more important have **fun.** 

Come out and watch the Lutheran Manor Wii Bowling League.



Remember to turn your clocks back 1 hour.

Daylight Savings Time ends,

Sunday, November 5

at 2 am





#### Sunday, December 10, 2017

5pm in the Lounge Doors open at 4pm

#### **Platter Served**

#### Menu:

**Stuffed Chicken Breast** 

**Scalloped Potatoes** 

**Green Beans** 

Salad w/Hot Dressing

**Apple Pie** 

**Coffee or Tea** 

Soda & Water-\$1.00

Cost:

\$11 per person \$13 per guest (limit 2)

**Entertainment by:** Jim & Robin 6:00-7:30 pm





Coordinator: Sandy Borger #404



# of Guests

#### **HOLIDAY DINNER**

Sunday, December 10, 2017

Place slip in a sealed envelope along with cash payment and slide it under Marge Bachemin's door Apt #705.

Name:	_Apt#	Phone:

DEADLINE FOR RESERVATIONS IS WEDNESDAY, DECEMBER 6.







"MAY WE THINK OF FREEDOM, NOT AS THE RIGHT TO DO AS WE PLEASE, BUT AS THE OPPORTUNITY TO DO WHAT IS RIGHT."

- PETER MARSHALL





Some travelers come to a village, carrying nothing more than an empty cooking pot. Upon their arrival, the villagers are unwilling to share any of their food with the hungry travelers. Then the travelers go to a stream and fill the pot with water, drop a large stone in it, and place it over a fire. One of the villagers becomes curious and asks what they are doing. The travelers answer that they are making "stone soup", which tastes wonderful and which they would be delighted to share

with the villager, although it still needs a little bit of garnish, which they are missing, to improve the flavor. The villager, who anticipates enjoying a share of the soup, does not mind parting with a few carrots, so these are added to the soup. Another villager walks by, inquiring about the pot, and so it goes. More and more villagers walk by, each adding another ingredient. Finally, the stone (being inedible) is removed from the pot, and a delicious pot of soup is enjoyed by travelers and villagers alike. The travelers have successfully transformed stone soup into a tasty and nutritious meal which they share with the donors.

The story of "Stone Soup" pointedly shows us the beauty of "community" and "sharing"--- values strongly urged by Jesus Christ himself. Before we "indulge" in the wealth of our own goodness this month, let us stop and remember all the blessings God has so richly showered upon us. Let us, too, open our hearts and eyes to the possibilities of sharing those blessings with others---whether it is through our time, skills, smiles, offerings, warmth or compassion.

Indeed, the results can be "magic." A Blessed Thanksgiving! -Pastor Clark

#### WORSHIP IN NOVEMBER- 2 pm in the Lounge (except as noted\*)

Thursday, Nov. 2<sup>nd</sup> Rev. Jack Tanis, Calvary Baptist, Easton

Tuesday, Nov. 7<sup>th</sup> – **12:30 PM\*,** Rev. James Harper, Notre Dame RC, Bethlehem

Thursday, Nov. 16<sup>th</sup>- Rev. Lisa Borrell, Friedens Lutheran, Center Valley

Thursday, Nov. 23<sup>rd</sup> **10 AM\***– Chaplain Clark Kuntz

Thursday, Nov. 30<sup>th</sup> Rev. Dan Miller, Edgeboro Moravian Church, Bethlehem



BIBLE STUDY- Wednesdays at 12:30pm in the Lounge. We are studying Isaiah.

**CHAT ROOM**- Thursdays at 10 am in the Lounge. Great opportunity for all residents to get to know their neighbors. **Especially good for new residents to find out more about Lutheran Manor.** All are welcome! Note: No Chat Room on Thanksgiving Day.

**PRAYER TIME** is on 1st and 3rd Thursdays every month at 7pm here in the Lounge.

**SUNDAY PRAISE** - A Time of Song, Scripture and Prayer- is on the second Sunday of the month at 1 pm here in the Lounge led by David Garcia.



**DESALES UNIVERSITY DANCE COMPANY**- Tuesday, Nov. 7<sup>th</sup>, 9:00am-10:30am in the Lounge. (see article in this *HiLites*).

We have churches of all denominations nearby Lutheran Manor. If your church offers transportation or you are willing to transport someone from Lutheran Manor to your church worship, please let Pastor Clark know. Thank You.

#### **DeSales University Dance Touring Company**



Lutheran Manor Lounge Tuesday, Nov. 7<sup>th</sup> - 9:00-10:30 am

On Tuesday, November 7th beginning at 9 am

The DeSales University Dance Touring

Company will present a program and
workshop here at Lutheran Manor in our lounge.

The DeSales Dance Touring Company will present **Storytellers**, a wonderfully diverse program featuring modern, ballet, jazz, and tap dance pieces. The program will include performance, lecture, technical demonstration, audience participation and an informal question and answer session.

Refreshments will be served by our Chat Room Group!

## Frank Sinatra - The Main Event at Madison Square Garden (DVD)

Lutheran Manor Lounge Thursday, November 30<sup>th</sup> at 10:00 am.

Sinatra strides through the sold-out Madison Square Garden crowd with the confidence of a sports hero, accompanied by his handlers and bodyguards. Howard Cosell's histrionic introductory rap sets the concert up as a world championship bout. In this 1974 concert Sinatra holds the audience in the palm of his hand. Accompanied by Woody Herman and his Thundering Herd,



Sinatra delivers his usual mix of impeccably well-chosen standards ("All the Way," "The Lady Is a Tramp," "I've Got You Under My Skin"), signature tunes ("My Kind of Town," "My Way"), and even a pop standard he effectively makes his own: Stevie Wonder's "You Are the Sunshine of My Life." A sports arena is hardly the ideal setting for the Chairman of the Board--he's forced to shush the massive crowd before he can attempt the intimate "Angel Eyes"--but by the same token he has this keyed-up audience dancing in the aisles to his brassy rendition of "Bad, Bad Leroy Brown."

Refreshments will be served by our Chat Room!



NAME:

APT#

#### **Special Events & Speakers**

I want to sign up to attend the following special events and speakers..... (check off what you want to attend) Movie- P.S. I Love You (Pick one time only!) Monday, November 20 at 1:00 pm-Be in your seat by 12:45 pm. Monday, November 27 at 1:00 pm-Be in your seat by 12:45 pm. **Computer Class with Nancy** Tuesday, November 7 at 1:00 pm \_Tuesday, November 21 at 1:00 pm Line Dancing with Peggy Sue Wednesday, November 8 at 2:00 pm Wednesday, November 29 at 2:00 pm Speakers/Events NO Cost Pet Care, Tuesday, November 6 at 1:30 pm Chili Cook Off, Thursday, November 9 at 12:00 pm Health Insurance plans open enrollment, Tuesday, November 21 at 1:30 pm Massage with Jenn (An appointment time will be assigned to you!) Monday, November 6 starting at 9:00 am Manicures with Linda (An appointment time will be assigned to you!) Saturday, November 25 between 9:00 am-5:00 pm Art with Pat Monday, November 20 & 27 at 1:30 pm Don't forget to set your scale Complete and return this form when you turn in your back 10 lbs this van trip sign up sheet! week.

Don't Forget!



#### **VAN TRIPS**



#### **DECEMBER 2017**

DATE	DAY	TRIP	TIME
December 1	Friday	Shop-Rite Freemansburg Easton	11:30 a.m
December 2	Saturday	Calvary Baptist Church <b>FREE</b> Christmas Concert in Easton	6:15 p.m
December 4	Monday	Banks, Post Office	9:00 a.m
December 4	Monday	CVS, \$ Store	1:30 p.m
December 5	Tuesday	Lunch @ Red Robins/Movie @The Promenade	11:00 a.m
December 6	Wednesday	FREE Christmas Concert Bach Choir-First Presbyterian Church in Allentown	6:45 p.m
December 7	Thursday	Weis Market	11:00 a.m
December 8	Friday	Shopping @The Crossings/Lunch	9:30 a.m
December 11	Monday	Lunch @ Sewyco's Fire Company in Hellertown, Cost: \$7.00	11:00 a.m
December 12	Tuesday	Shopping @King of Prussia Mall/Lunch at Joe's Crab Shack	9:00 a.m
December 13	Wednesday	Wegmans	12:00 p.m
December 14	Thursday	Good Shepherd Aquatic Pool Program Cost:\$8.00 <b>(Physician waiver required)</b>	4:00 p.m
December 15	Friday	Liberty High School Concert & Lunch	8:30 a.m
December 18	Monday	Longwood Gardens Cost: \$20.00	9:00 a.m
December 19	Tuesday	Giant	11:30 a.m
December 20	Wednesday	Dinner @ Chili's/Lights in the Parkway in Allentown	4:00 p.m
December 21	Thursday	Dinner @Longhorn Restaurant	4:00 p.m
December 22	Friday	Breakfast @Tic Toc/Walmart	9:00 a.m
December 26	Tuesday	Aldi (make sure to bring quarters & bags)	12:00 p.m
December 27	Wednesday	Dutch Apple Dinner Theatre-Presents White Christmas Cost: \$51.00	9:00 a.m
December 28	Thursday	Good Shepherd Aquatic Pool Program Cost:\$8.00 <b>(Physician waiver required)</b>	4:00 p.m
December 29	Friday	Breakfast @The Palace/Valley Farms	9:00 a.m
December 30	Saturday	Dinner @Red Lobster	4:00 p.m

Please fill out the form and bring to my office, I will start collecting forms at 7 a.m. on the			
first day of the month.			
Name:	Apt:		





Sun	Mon	Tue	Wed	Thu	Fri	Sat
THANK YOU. VETERANS	P.S. I Love you	Thanks	I 7:00 <b>Drop off Van trip papers</b> I0:00 Exercise I2:30 Bible Study 2:00 Walkers Club	2 9:00 Zumba 10:00 Chat Room 2:00 Rev Jack Tanis, Calvary Baptist, Easton 6:00 Blood Pressure 7:00 Prayer Time	3 10:00 Mobile Market 10:00 Yoga 12:45 Tai Chi 1:00 Second Harvest 2:00 Walkers Club 5:30 Wii Bowling	4 8:00 Coffee & Donuts 12:30 Pinochle Party
5 Daylight Saving Time  DOUT FORGET TO FALL  RACK	6 9:00 Massage 10:00 Exercise 1:30 Speaker-NO Cost Pet Care 6:00 BINGO	7 9:00 DeSales Dancers 12:30 Rev James Harper, Notre Dame 1:00 Computer Class 2:00 Walkers Club	8 10:00 Exercise 12:30 Bible Study 2:00 Walkers Club 2:00 <b>Line Dancing</b>	9 9:00 Zumba 10:00 Chat Room 12:00 <b>Chili Cook Off</b>	10 10:00 Yoga 12:45 Tai Chi 2:00 Walkers Club 5:30 Wii Bowling	II HAPPY VETERANS DAY!!! I0:00 Holiday Bazaar
12 1:00 Sunday Praise	13 10:00 Exercise 1:30 Committee Mtg 6:00 BINGO	14 2:00 General Mtg	15 10:00 Exercise 12:30 Bible Study 2:00 Walkers Club	<ul><li>16 9:00 Zumba</li><li>10:00 Chat Room</li><li>2:00 Rev Lisa Borrell,</li><li>Friedens Lutheran</li><li>7:00 Prayer Time</li></ul>	17 10:00 Yoga 12:45 Tai Chi 1:00 Speaker- <b>Crafts</b> 2:00 Walkers Club 5:30 Wii Bowling	18 5:00 Soup & Hot Dogs
19	20 10:00 Exercise 1:00 <b>Movie</b> -P.S. I Love You 1:30 Art with Pat 6:00 BINGO	21 1:00 Computer Class 1:30 <b>Speaker</b> -Annual Open Enrollment 2:00 Walkers Club	22 10:00 Exercise 12:30 Bible Study	23 10:00 Rev Clark Kuntz, Worship Service  Happy hankisgiving!	BLACK FRIDAY	25 9:00 Manicures
26 Window Candles 5:00 Social	27 10:00 Exercise 1:00 <b>Movie</b> -P.S. I Love You 1:30 Art with Pat 6:00 BINGO	28 2:00 Walkers Club	29 10:00 Exercise 12:30 Bible Study 2:00 Walkers Club 2:00 Line Dancing	30 9:00 Zumba 10:00 DVD-Frank Sinatra 2:00 Rev Dan Miller, Edgeboro Moravian		