

Sun	Mon	Tue	Wed	Thu	Fri	Sat
<p><b>Fitness</b> <b>Van Trips</b> <b>Resident Association</b> <b>Religious</b> <b>Lutheran Manor</b> <b>Holidays/ Observances</b> <b>Other</b></p>	 <h1 style="font-size: 4em; color: green; text-shadow: 2px 2px 0px black;">October</h1>			<p>1 8:30 Van trip Paper Drop off 10:00 Joyful Joints (98) 10:00 Chat Room 12:30 Second Harvest Food Bank 2:00 Church Spanish (98) 6:00 Blood Pressure Checks</p>	<p>2 10:00 Tai Chi (98) 11:00 Yoga (98) 12:00 Mobile Mkt</p>	3
4	<p>5 10:00 Post Office/ CVS 10:00 Fit For Life (98) 11:00 Stand up for Strength (98)</p>	<p>6 10:00 Joyful Joints (98) 11:00 Yoga (98) 12:00 Tai Chi (98) 2:00 Church (98) 3:00 Candy/IceCream</p>	<p>7 10:00 Fit For Life(98) 12:30 Bible Study(98) 2:00 BINGO</p>	<p>8 10:00 Shopping at GIANT 10:00 Joyful Joints (98) 10:00 Chat Room 2:00 Church (98)</p>	<p>9 7:00-10:00 Lounge Closed for cleaning 10:00 Tai Chi (98) 11:00 Yoga (98) 12:00 Mobile Mkt 1:00 Movie: TOGO</p>	10
11	<p>12 <b>OFFICE CLOSED</b></p>  <p><b>Columbus Day</b></p>	<p>13 10:00 Shopping at WEIS 10:00 Joyful Joints (98) 11:00 Yoga (98) 12:00 Tai Chi (98) 2:00 General MTG (98)</p>	<p>14 11:00 Shopping at WALMART 10:00 Fit For Life(98) 12:30 Bible Study(98) 2:00 Pastor Movie: The Shack (98) 3:00 Candy/IceCream</p>	<p>15 8:00 Smoke Alarm Testing 10:00 Joyful Joints (98 ) 10:00 Chat Room 2:00 Church (98)</p>	<p>16 8:00 Smoke Alarm Testing 10:00 Tai Chi (98) 11:00 Yoga (98) 12:00 Mobile Mkt 1:00 Movie: National Velvet</p>	17
18	<p>19 10:00 Fit For Life (98) 11:00 Stand up for Strength (98) 1:00 BINGO 3:00 Movie: The Call of the Wild</p>	<p>20 10:00 Joyful Joints (98) 11:00 Yoga (98) 12:00 Tai Chi (98) 2:00 Baroque &amp; Beyond Flute Performance</p>	<p>21 9:00 Shopping at VALLEY FARMS 10:00 Fit For Life(98) 12:30 Bible Study(98) 1:00 Shopping at VALLEY FARMS 3:00 Candy/IceCream</p>	<p>22 10:00 Shopping at Target 10:00 Joyful Joints (98) 10:00 Chat Room 2:00 Church (98)</p>	<p>23 10:00 Tai Chi (98) 11:00 Yoga (98) 12:00 Mobile Mkt</p>	24
25	<p>26 10:00 Fit For Life (98) 11:00 Stand up for Strength (98) 1:00 Movie: To Kill a Mocking Bird</p>	<p>27 10:00 Joyful Joints (98) 11:00 Yoga (98) 12:00 Tai Chi (98) 1:00 Speaker: Aetna Better Sleep</p>	<p>28 9:00 Shopping at WEGMANS 10:00 Fit For Life(98) 12:30 Bible Study(98) 2:00 Pastor Movie: Amazing Grace (98) 3:00 Candy/IceCream</p>	<p>29 10:00 Chat Room 2:00 Church (98)</p>	<p>30 10:00 Shopping at WALMART 10:00 Tai Chi (98) 11:00 Yoga (98)</p>	31