


Sun	Mon	Tue	Wed	Thu	Fri	Sat
Fitness Events VanTrips Resident's Association Events Religious Events	Lutheran Manor Events Holidays Observances/ Other			1 VAN TRIP PAPERS 7:00-10:00 Lounge Closed 10:00 Giant 11:00 Tai Chi 12:15 Mobile Market (Last day) 2:00 Walkers Club	2 9:00 Donuts 10:30 Steeple & Steel Tour 12:30 Pinocle	
3 DAYLIGHT Savings Time ENDS	4 8:45 Banks & Post Office 10:00 Fit For Life 11:30 Stand Up for Strength 1:30 Shopping @ CVS & Lehigh shopping center 2:00 Walkers Club 3:00 Snack Stand 6:00 BINGO	5 ELECTION DAY 10:00 Joyful Joints 10:00 Speaker: Red Lion Home Care 11:00 Basic Balance & Stretch 1:00 Weis 1:00 Holiday Bazar Donations 2:00 Church 6:30 Prophecy Bible study	6 10:00 Fit For Life 11:00 Everybody's Yoga 12:30 Bible Study 1:00 Flowers with Jannal 2:00 Walkers Club 3:00 Snack Stand 5:00 Ice Cream Sale	7 10:00 Joyful Joints 10:00 Chat Room 10:00 Shopping @ Lehigh Valley Mall 11:00 Basic Balance 12:30 Second Harvest 1:00 Meditation & Stretch 2:00 Church (Spanish) 6:00 Blood Pressure Check 6:00 Shuffle board 7:00 Prayer Time	8 7:00-10:00 Lounge Closed 10:00 Sciatic Pain Workshop 11:00 Tai Chi 1:00 MOVIE DAY: POMS 2:00 Walkers Club	9 8:30 Fall Craft Fair 12:30 Bingo @ St. John's Windish 10: 00 Holiday Bazaar
10	11 VETERANS DAY 10:00 Fit For Life 10:00 Speaker: Maxim Healthcare 11:30 Stand Up for Strength 1:30 Board Meeting 2:00 Walkers Club 3:00 Snack Stand 6:00 BINGO	12 10:00 Joyful Joints 11:00 Basic Balance 11:00 Speaker: Senior Prescription Solutions 1:00 Meditation & Stretch 2:00 General Mtg 6:30 Prophecy Bible study	13 10:00 Fit For Life 11:00 Everybody's Yoga 12:30 Bible Study 2:00 MOVIE: Mr. Hollands Opus 2:00 Walkers Club 3:00 Snack Stand 5:00 Ice Cream Sale	14 10:00 Joyful Joints 10:00 Chat Room 11:00 Basic Balance 1:00 Meditation & Stretch 2:00 Church 6:00 Shuffle board	15 7:00-10:00 Lounge Closed 12:00 Chili Cook-off 11:00 Tai Chi 2:00 Walkers Club	16 5:00 Soup & Hot Dog Social
17 1:00 Sunday Praise with David	18 10:00 Fit For Life 11:30 Stand Up for Strength 1:00 The tomorrow man 2:00 Walkers Club 3:00 Snack Stand 4:00 Dinner @ SEWYCO 6:00 BINGO	19 10:00 Joyful Joints 11:00 Basic Balance 1:00 Meditation & Stretch 1:30 Speaker: Care Patrol & Fox Rehab 6:30 Prophecy Bible study	20 9:00 Breakfast @ TIKTOK/ Shopping @ Walmart 10:00 Fit For Life 11:00 Everybody's Yoga 12:30 Bible Study 2:00 Walkers Club 3:00 Snack Stand 5:00 Ice Cream Sale	21 7:00-10:00 Lounge Closed 10:00 Joyful Joints 10:00 Chat Room 11:00 Basic Balance 1:00 Meditation & Stretch 10:00 Shoprite 2:00 Church 6:00 Shuffle board 7:00 Prayer Time	22 11:00 Sandwich sale pickup 11:00 Tai Chi 11:00 Lunch @ Cracker Barrel 1:30 Computer Class 2:00 Walkers Club 2: 00 Speaker: Healthy Eating During Holidays	23
24 5:00 Social	25 10:00 Fit For Life 11:30 Stand Up for Strength 2:00 Walkers Club 3:00 Snack Stand 6:00 BINGO	26 10:00 Joyful Joints 11:00 Basic Balance 1:00 Meditation & Stretch 6:30 Prophecy Bible study	27 OFFICE CLOSED I/2 DAY 10:00 Fit For Life 11:00 Everybody's Yoga 12:30 Bible Study 2:00 Walkers Club 3:00 Snack Stand 5:00 Ice Cream Sale	28 OFFICE CLOSED 2:00 Church 	29 OFFICE CLOSED	30