

Sun	Mon	Tue	Wed	Thu	Fri	Sat
			Fitness Events Van Trips Resident's Association Events Religious Events Lutheran Manor Events <i>Holidays/Observances/Other</i>			8:00 Donuts, Bagels & Muffins 12:30 Pinochle
2	3 9:30 Banks, Post Office 10:00 Fit For Life 11:30 Stand Up for Strength 1:30 CVS & Lehigh Shopping Center 2:00 Walkers Club 3:00 Snack Stand 6:00 BINGO	4 APARTMENT INSPECTIONS Floors: 11, 10, 9 9:30 Weis 10:00 Joyful Joints 11:00 Basic Balance 1:00 Meditation & Stretch 2:00 Church	5 APARTMENT INSPECTIONS Floors: 8, 7, 6 10:00 Fit For Life 11:30 Stand Up for Strength 12:30 Bible Study: Amadeus Movie 2:00 Walkers Club 2:30 Farmers Market Vouchers 3:00 Snack Stand 5:00 Ice Cream Sale	6 APARTMENT INSPECTIONS Floors: 5, 4, 3 10:00 Chat Room 10:00 Joyful Joints 11:00 Basic Balance 9:30 Lunch @ On the Border 1:00 Meditation & Stretch 2:00 Church (Esp.) 6:00 Blood Pressure Check 7:00 Prayer Time	7 APARTMENT INSPECTIONS Floors 2, 1 7:00-10:00 Lounge Closed 10:00 Mid-Atlantic Air Museum 10:15 Everybody's Yoga 11:00 Tai Chi 1:00 Movie: A Dog's Purpose 1:00 Second Harvest 2:00 Walkers Club	8 8:30 Breakfast 11:45 Muhlenberg Summer Fest
9 1:00 Sunday Praise with David	10 9:30 Price Rite 10:00 Fit For Life 11:30 Stand Up for Strength 1:30 Committee Meeting 2:00 Walkers Club 3:00 Snack Stand 6:00 BINGO	11 10:00 Joyful Joints 11:00 Basic Balance 1:00 Meditation & Stretch 2:00 General Meeting	12 10:00 Fit For Life 11:30 Stand Up for Strength 12:30 Bible Study 2:00 Walkers Club 3:00 Snack Stand 5:00 Ice Cream Sale 5:15 BINGO @ Active Life	13 7:00-10:00 Lounge Closed 9:30 Quakertown Farmer's Market 10:00 Joyful Joints 10:00 Chat Room 11:00 Basic Balance 1:00 Meditation & Stretch 2:00 Church 6:30 Angel Study	14 ANNUAL PIG ROAST 	15 8:30 Breakfast buffet @ Golden Corral & Produce Junction
16 Father's Day	17 9:30 Giant & Breakfast 10:00 Fit For Life 11:30 Stand Up for Strength 1:00 Movie: Unbroken: Path to Redemption 1:00 Art with Pat 2:00 Walkers Club 6:00 BINGO	18 10:00 Joyful Joints 11:00 Basic Balance 11:00 Lunch @ TGI Fridays 1:00 Meditation & Stretch 1:30 Watercolor Class	19 9:30 "Crazy For You" @ DeSales 10:00 Fit For Life 11:30 Stand Up for Strength 12:00 Get Fit For Summer Party 12:30 Bible Study 2:00 Walkers Club 5:00 Birthday Party	20 7:00-10:00 Lounge Closed 10:00 Chat Room 10:00 Joyful Joints 11:00 Basic Balance 1:00 Meditation & Stretch 2:00 Church 6:30 Ice Cream @ The Cup 7:00 Prayer Time	21 11:00 Sandwich Sale Pick Up 11:00 Tai Chi 12:15 Mobile Market 2:00 Computer Class 2:00 Walkers Club	22
23	24 9:30 Shoprite 10:00 Fit For Life 11:30 Stand Up for Strength 1:00 Movie: A Dog's Purpose 1:00 Art with Pat 2:00 Walkers Club 6:00 BINGO	25 FAMILY WEEK @ THE SALON 10:00 Joyful Joints 11:00 Basic Balance 1:00 Meditation & Stretch	26 10:00 Fit For Life 11:00 Lunch @ Cracker Barrel 11:30 Stand Up for Strength 12:30 Bible Study 2:00 Walkers Club 5:00 Ice Cream Sale	27 FAMILY WEEK @ THE SALON 10:00 Chat Room 10:00 Joyful Joints 10:00 Promenade Shops 11:00 Basic Balance 1:00 Meditation & Stretch 2:00 Church	28 7:00-10:00 Lounge Closed 9:00 Lake Wallenpaupack Boat Tour & Lunch @ the Boathouse 10:15 Everybody's Yoga 11:00 Tai Chi 12:15 Mobile Market 1:00 Movie: Unbroken: Path to Redemption 2:00 Walkers Club	29
30 5:00 Social						