







JULY 2017



Sun	Mon	Tue	Wed	Thu	Fri	Sat
						1 8:00 Coffee & Donuts 12:30 Pinochle Party
2 1:00 July Picnic 	3 NO EXERCISE TODAY!	4 OFFICE CLOSED 	5 7:00 Van Trip Papers 10:00 Exercise 3:00 Piano Playing	6 9:00 Zumba Gold 9:00 Massage 10:00 Chat Room 2:00 Speaker -Balance 6:00 Blood Pressure 7:00 Prayer Time	7 9:00 Walkers Club 10:00 Yoga 10:30 Mobile Market 12:45 Tai Chi 1:00 Second Harvest	8
9 1:00 Sunday Praise 	10 10:00 Exercise 1:00 Movie - The Shack	11 9:00 Walkers Club 2:00 Speaker -Melanoma	12 10:00 Exercise 12:30 Bible Study 1:00 Computer Class 2:00 Line Dancing 3:00 Piano Playing	13 9:00 Zumba Gold 10:00 Chat Room 2:00 Rev Donald Schwartz, Lutheran	14 9:00 Walkers Club 9:00 CarFit Event 10:00 Yoga 10:30 Mobile Market 12:45 Tai Chi	15
16	17 10:00 Exercise 1:30 Watercolor Class	18 9:00 Walkers Club 12:00 Speaker -Fire Prevention Safety	19 10:00 Exercise 12:30 Bible Study 3:00 Piano Playing	20 9:00 Zumba Gold 10:00 Chat Room 2:00 Rev Lisa Borrell, Friedens Lutheran 7:00 Prayer Time	21 9:00 Walkers Club 10:00 Yoga 10:30 Mobile Market 12:45 Tai Chi	22
23	24 10:00 Exercise 1:00 Movie -The Shack	25 9:00 Walkers Club 2:00 Speaker -Diabetes	26 10:00 Exercise 12:30 Bible Study 1:00 Computer Class 2:00 Line Dancing 3:00 Piano Playing	27 9:00 Zumba Gold 10:00 Chat Room 2:00 Rev Tony Pompa, Church of the Nativity	28 9:00 Walkers Club 10:00 Yoga 10:30 Mobile Market 12:45 Tai Chi	29 9:30 Manicure by Appointment 
30 5:00 Social 	31 10:00 Exercise 1:30 ICE CREAM SOCIAL	