











# JULY 2015



Sun	Mon	Tue	Wed	Thu	Fri	Sat
			1 10:00 Exercise 12:30 Bible Study 3:00 Piano Playing 6:30 Poker League	2 10:00 Chat Room 2:00 Rev Lisa Borrell 6:00 Blood Pressure Check	3 <b>OFFICE CLOSED</b> 	4 <b>Happy 4<sup>th</sup> of July</b> 
5 1:00 <b>July 5th Picnic</b> 	6 10:00 Exercise 10:00 A Matter of Balance Class 6:30 Poker League	7 10:00 Zumba 2:00 Rev James Harper, Notre Dame RC Church Bethlehem	8 9:00 Massage by Appts 10:00 Exercise 12:30 Bible Study 1:00 Computer Class 3:00 Piano Playing	9 10:00 Chat Room 2:00 <b>Speaker</b> -Why Do People Fall?	10 9:00 Walkers Club 10:00 Yoga 11:00 Second Harvest 11:30 Discipleship Class 12:45 Tai Chi	11 9:00 Coffee & Donuts 12:30 Pinochle Party 
12	13 10:00 Exercise 10:00 A Matter of Balance Class 1:00 <b>Movie</b> -The Words 6:30 Poker League	14 10:00 Zumba 2:00 <b>Speaker</b> -Ice Cream Social 	15 10:00 Exercise 12:30 Bible Study 3:00 Piano Playing 6:30 Poker League	16 10:00 DVD Sinatra 2:00 Rev Jack Tanis, Calvary Baptist Church, Easton	17 9:00 Walkers Club 10:00 Yoga 11:30 Discipleship Class 12:45 Tai Chi	18 Manicures by Appointment 
19 5:00 <b>Social</b> 	20 10:00 Exercise 10:00 A Matter of Balance Class 6:30 Poker League	21 10:00 Zumba 1:00 <b>Watercolor Class</b>	22 10:00 Exercise 12:30 Bible Study 1:00 Computer Class 3:00 Piano Playing 6:30 Poker League	23 10:00 Chat Room 2:00 Rev Sharon Solt Harfman, Church of the Manger, UCC, Bethlehem	24 9:00 Walkers Club 10:00 Yoga 11:30 Discipleship Class 12:45 Tai Chi	25
26	27 10:00 Exercise 11:00 Therapy Dog 1:00 <b>Movie</b> -The Words 6:30 Poker League	28 10:00 Zumba	29 10:00 Exercise 12:30 Bible Study 3:00 Piano Playing 6:30 Poker League	30 10:00 Chat Room 2:00 Rev Richard Naholdil, St John's EC, Allentown	31 9:00 Walkers Club 10:00 Yoga 11:30 Discipleship Class 12:45 Tai Chi	