

# JULY 2013



Sun	Mon	Tue	Wed	Thu	Fri	Sat
	1 10:00 Exercise 6:00 Bingo	2 9:00-12 Massage by Appts 10:30 Speaker Lowe's 2:00 Father Jason Stokes Notre Dame	3 10:00 Exercise 1:00 Bible Study		5 10:00 Walkers Club 11:00 Yoga	6 9:00 Coffee & Donuts 12:30 Pinochle Party
7 1:00 4th of July Picnic	8 10:00 Exercise 6:00 Bingo	9	10 10:00 Exercise 1:00 Bible Study 6:00 Computer Class	11 10:00 Chat Room 2:00 Rev Richard Nahodil, St John's EC 6:00 Blood Pressure Check	12 10:00 Walkers Club 11:00 Second Harvest Food Box Delivery 11:00 Yoga	13 7:00 Movie Night
14	15 10:00 Exercise 6:00 Bingo	16	17 10:00 Exercise 1:00 Bible Study	18 10:00 Chat Room 2:00 Rev Joy Wyler, Unity of the LV	19 10:00 Speaker-Exercise/Nutrition 11:00 Yoga	20 5:00 Iron Pigs Game 6:00 Social with The Rehrig Brothers
21	22 10:00 Exercise 6:00 Bingo	23	24 10:00 Exercise 1:00 Bible Study 1:30 Speaker-Safety Prevention 6:00 Computer Class	25 10:00 Chat Room 2:00 Rev Sharon Joseph Church of the Manger	26 10:00 Walkers Club 11:00 Yoga	27 1:00 DeSales/ Copperhead Grill
28	29 10:00 Exercise 11:00 Therapy Dog Visit 6:00 Bingo	30	31 10:00 Exercise 1:00 Bible Study			