

JANUARY 2014



Sun Mon Tue Wed Thu Fri Sat

				<p>2 10:00 Chat Room 2:00 Rev Joy Wyler, Unity of the Lehigh Valley</p>	<p>3 10:00 Yoga 12:30 Tai Chi 5:30 Wii Bowling</p>	<p>4 9:00 Coffee & Donuts 12:30 Pinochle Party</p>
<p>5 2:30 Hershey Bears Hockey Game</p>	<p>6 10:00 Exercise 1:00 Bible Study 6:00 Bingo</p>	<p>7 10:00 Zumba 2:00 Rev Jason Stokes, Notre Dame</p>	<p>8 9:00 Massage by appointments 1:00 A Matter of Balance Class (4th) 2:00 <i>Speaker-Massage</i></p>	<p>9 10:00 Chat Room</p>	<p>10 10:00 Yoga 11:00 Second Harvest Food Delivery</p>	<p>11</p>
<p>12 5:00 -2014 Dinner</p>	<p>13 10:00 Exercise 1:00 Bible Study 1:30 Committee Mtg 6:00 Bingo</p>	<p>14 10:00 Zumba 2:00 General Meeting</p>	<p>15 10:00 Exercise 1:00 A Matter of Balance Class (5th) 2:30 <i>Speaker-Smart Snacking</i></p>	<p>16 10:00 Chat Room 2:00 Chaplain Clark Kuntz, Memorial Service</p>	<p>17 10:00 Yoga 12:30 Tai Chi 5:30 Wii Bowling</p>	<p>18 11:00 Soup & Hot Dogs</p>
<p>19 1:30 Yarns Around</p>	<p>20 Office Closed</p>	<p>21 10:00 Zumba 2:00 <i>Speaker- Paint to the Sounds of Music</i></p>	<p>22 10:00 Exercise 1:00 A Matter of Balance Class (6th)</p>	<p>23 10:00 DVD Bocelli 2:00 Rev Richard Nahodil, St John's EC</p>	<p>24 10:00 Yoga 12:30 Tai Chi 5:30 Wii Bowling</p>	<p>25</p>
<p>26 1:30 Yarns Around 6:00 Social</p>	<p>27 10:00 Exercise 11:00 Therapy Dog 1:00 Bible Study 6:00 Bingo</p>	<p>28 10:00 Zumba 2:00 <i>Speaker- Guitar and Singing</i></p>	<p>29 1:00 A Matter of Balance Class (7th) 2:00 <i>Speaker-Traditions of Hanover At Home</i></p>	<p>30 10:00 Chat Room 2:00 Rev Donald Schwartz, Lutheran</p>	<p>31 10:00 Yoga 12:30 Tai Chi 5:30 Wii Bowling</p>	