

Sun	Mon	Tue	Wed	Thu	Fri	Sat
		<b>1</b> 8:30 Van trip Paper Drop off 10:00 Joyful Joints (98) 11:00 Yoga (98) 12:00 Tai Chi (98) 1:00 Afternoon Aerobics (98) 2:00 Church (98)	<b>2</b> 10:00 Fit For Life(98) 12:30 Bible Study(98) 2:00 Speaker: United Healthcare <b>MEDICARE MADE EASY</b> 3:00 Candy/IceCream	<b>3</b> 9:30 Post Office/ <b>Shopping at CVS</b> 10:00 Joyful Joints (98) 10:00 Chat Room 12:30 Second Harvest Food Bank 2:00 Church Spanish (98)	<b>4</b> 9:30 Shopping at GIANT 10:00 Tai Chi (98) 11:00 Yoga (98) 1:00 Movie: Best of Xmas	<b>5</b>
<b>6</b>	<b>7</b> 10:00 Fit For Life (98) 11:00 Stand up for Strength (98)	<b>8</b> 9:30 Shopping at WEIS 10:00 Joyful Joints (98) 11:00 Yoga (98) 11:00 Clinic: <b>Balance Tracker</b> 12:00 Tai Chi (98) 1:00 Afternoon Aerobics (98) 2:00 General MTG (98)	<b>9</b> 10:00 Shopping at Dollar Tree 10:00 Fit For Life(98) 1:00 Shopping at Dollar Tree 12:30 Bible Study(98) 2:00 Pastor Movie: Andre Rieu Xmas 3:00 Candy/IceCream	<b>10</b> 10:00 Joyful Joints (98) 10:00 Chat Room 11:00 Updated facts about COVID (98) 2:00 Church (98) 2:00 Communion Worship (98) 6:00 Blood Pressure Checks	<b>11</b> <b>OFFICE CLOS</b> <b>ES at 11:00am</b> 7:00-10:00 Lounge Closed for cleaning 10:00 Tai Chi (98) 11:00 Yoga (98)	<b>12</b>
<b>13</b>	<b>14</b> 10:00 Fit For Life (98) 11:00 Stand up for Strength (98) 2:00 Speaker: Millis Eye Associates	<b>15</b> 10:00 Joyful Joints (98) 11:00 Yoga (98) 12:00 Tai Chi (98) 1:00 Afternoon Aerobics (98) 2:00 BINGO	<b>16</b> 10:00 Shopping at VALLEY FARMS 10:00 Fit For Life(98) 11:00 Speaker: Holiday Zoom (98) 12:30 Bible Study(98) 1:00 Shopping at VALLEY FARMS 2:00 Pastor Movie: Ghosts of Xmas Eve 3:00 Candy/IceCream	<b>17</b> 10:00 Joyful Joints (98 ) 10:00 Chat Room 2:00 Church (98)	<b>18</b> 9:30 Shopping at TARGET 10:00 Tai Chi (98) 11:00 Yoga (98) 1:00 Movie: Xmas Miracle	<b>19</b>
<b>20</b>	<b>21</b> 9:30 Shopping at SHOPRITE 10:00 Fit For Life (98) 11:00 Stand up for Strength (98) 1:00 Movie: It Happened One Xmas	<b>22</b> 10:00 Joyful Joints (98) 11:00 Yoga (98) 12:00 Tai Chi (98) 1:00 Afternoon Aerobics (98) 3:00 Xmas Flute Performance	<b>23</b> 10:00 Shopping at WALMART 10:00 Fit For Life(98) 12:30 Bible Study(98) 1:00 Shopping at WALMART 2:00 Communion Worship (98) 3:00 Candy/IceCream	<b>24 Christmas Eve</b> <b>OFFICE CLOSED</b> 1:00 Pastor Movie: The Nativity Story	<b>25 Christmas</b> <b>OFFICE CLOSED</b> 	<b>26</b>
<b>27</b>	<b>28</b> 10:00 Fit For Life (98) 11:00 Stand up for Strength (98) 1:00 Movie: Xmas Special	<b>29</b> 10:00 Joyful Joints (98) 11:00 Yoga (98) 12:00 Tai Chi (98) 1:00 Afternoon Aerobics (98) 2:00-4:00 Shingles Clinic	<b>30</b> 10:00 Fit For Life(98) 10:00 Shopping at WEGMANS 12:30 Bible Study(98) 1:00 Shopping at WEGMANS 2:00 Worship 3:00 Candy/IceCream	<b>31</b> <b>OFFICE CLOS</b> <b>ES at 12:30PM</b> 1:00 Pastor Movie: Radio City Xmas	Fitness Van Trips Resident Association Religious Lutheran Manor Holidays/Observances / Other	