

AUGUST 2016



| Sun | Mon | Tue | Wed | Thu | Fri | Sat |
|-----|---------------------------------------------------------------|----------------------------------------------------------------------------------------------------|----------------------------------------------------------------------|--------------------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------------------------|----------------------------------------------------|
| | 1 10:00 Exercise | 2 9:00 Walkers Club 10:00 Zumba 2:00 Rev James Harper, Notre Dame RC Church, Bethlehem | 3 10:00 Exercise 12:30 Bible Study | 4 10:00 Chat Room 6:00 Blood Pressure 6:30 Prayer Time | 5 9:00 Walkers Club 10:00 Yoga 12:45 Tai Chi 1:30 Ice Cream Social | 6 8:00 Coffee & Donuts 12:30 Pinochle Party |
| 7 | 8 10:00 Exercise 1:00 Movie -Tomorrow is Forever | 9 9:00 Walkers Club 10:00 Zumba | 10 10:00 Exercise 12:30 Bible Study 1:00 Computer Class | 11 10:00 Chat Room 2:00 Rev Lisa Borrell, Christ Lutheran, Lower Saucon, Hellertown | 12 9:00 Walkers Club 10:00 Yoga 11:00 Second Harvest 12:45 Tai Chi | 13 |
| 14 | 15 10:00 Exercise | 16 9:00 Walkers Club 10:00 Zumba 1:00 Movie -Tomorrow is Forever | 17 10:00 Exercise 12:30 Bible Study | 18 10:00 Chat Room 2:00 Rev Larry Burd, Calvary Baptist, Easton 6:30 Prayer Time | 19 9:00 Walkers Club 10:00 Yoga 12:45 Tai Chi 1:00 Watercolor Class | 20 9:30 Manicures by Appointment |
| 21 | 22 10:00 Exercise | 23 9:00 Walkers Club 10:00 Zumba 1:30 Art with Pat | 24 10:00 Exercise 12:30 Bible Study 1:00 Computer Class | 25 10:00 Chat Room 2:00 Rev David Wickmann, Schoeneck Moravian, Nazareth | 26 9:00 Walkers Club 10:00 Yoga 12:45 Tai Chi 5:30 Wii Bowling (practice try outs) | 27 5:00 Social |
| 28 | 29 10:00 Exercise 11:00 Therapy Dog | 30 9:00 Massage 9:00 Walkers Club 10:00 Zumba 1:30 Art with Pat | 31 10:00 Exercise 12:30 Bible Study | | | |